



Community Living British Columbia (CLBC)



**COMMUNITY LIVING
BRITISH COLUMBIA**

Profile of CLBC (Community Living British Columbia)

Overview:

Community Living British Columbia (CLBC) supports adults with developmental disabilities by connecting them to resources and services in their communities. For parents of high school students with disabilities, understanding the transition process is key to ensuring a smooth path into adulthood.

What Is Transition Planning?

Transition planning involves preparing for the shift from childhood to adult life. It includes connecting to community resources, developing a support network, and applying for essential services. Early planning is critical, ideally starting before the youth's 16th birthday.

Steps to Transitioning with CLBC:

1. After the 16th Birthday

- Begin the eligibility process for CLBC services.
- Attend the *Welcome Workshop Series* to learn about adult life planning, including community connections, adult rights, and completing a *Personal Summary*.
- Families already receiving Ministry of Children and Family Development (MCFD) support can start preparing for this transition even earlier.

2. After the 17th Birthday

- Develop a *Personal Summary*, a document outlining the youth's strengths, goals, and support needs.
- Attend a workshop or access tools like the *About Me* booklet on [FindSupportBC.com](https://www.findsupportbc.com).

3. After the 18th Birthday

- Meet with a CLBC facilitator to finalize plans for community involvement and explore potential funded services. Eligibility for CLBC services begins at age 19.

What Services Does CLBC Offer?

CLBC-funded services include:

- Support for independent or community living.
- Employment assistance and skill development.
- Wellness and specialized supports for families



Who is Eligible for CLBC Services?

A CLBC eligible adult is a person who is 19 years of age or older and who meets the criteria for either a developmental disability or the Personalized Supports Initiative:

- **Developmental Disability**

You must have:

- Significantly impaired intellectual functioning
- Significantly impaired adaptive functioning
- Impairments that started before age 18

- **Personalized Supports Initiative**

You must have:

- A diagnosis of Fetal Alcohol Spectrum Disorder (FASD) or Autism Spectrum Disorder (ASD)
- A significant limitation in adaptive functioning

Contact Information

- **Website:** www.communitylivingbc.ca
- **Toll-Free Phone:** [1-877-660-2522](tel:1-877-660-2522)

Starting early with transition planning ensures your child is ready for adulthood and empowered to live a fulfilling life with the right support.

Additional Resources

- **Youth Transitioning to Adult Services Information Sheet** (attachment)
- **Eligibility Information for Families** (attachment)
- **Welcome Workshop Series:** Learn about CLBC services and planning tools.
- **Family Support Institute** - Offers a transition timeline and assistance: FindSupportBC.com
- [SD33 Career-Life Transitions Website](#)





Youth Transitioning to Adult Services

Community Living British Columbia (CLBC) helps eligible adults build a meaningful life by connecting them to their community and to CLBC funded services. This information sheet answers some common questions about CLBC's role for supporting youth transitioning to adult life.

What is transitioning to adult services?

Transition planning is about preparing for the move from one part of life to another. Preparing for the change from childhood to adult life is important.

To have a smooth transition from childhood to adult life, it's important for youth with disabilities and their families to start planning well before the youth turns 19.

What is transition planning for youth?

Transition planning for youth includes connecting to opportunities and resources in the community, as well as putting together a network of family and friends who can support you through transition into adult life. Transition planning may also include applying for income assistance, creating a Representation Agreement, and connecting to CLBC and learning about the supports we can offer.

When should transition planning start with CLBC?

Transition planning with CLBC should begin after a youth's 16th birthday, when you can begin the process to see if you are eligible for CLBC supports. Getting information about CLBC and attending the Welcome Workshop series can happen before 16. If you are accessing Ministry of Children and Family Development (MCFD) supports and services, once you turn 14 your MCFD worker can support you and your family with planning your transition to adult services, including when to apply for CLBC eligibility.



How does CLBC support transitioning to adult services?

CLBC provides support so you can learn about CLBC services and how to get involved in your community before you turn 19. This can happen by meeting with a CLBC facilitator and/or by attending a CLBC Welcome Workshop series. Even though CLBC funded services cannot be accessed until age 19, we want to plan and support you earlier so your transition to adult services goes smoothly.

What if my family member is already 16, 17 or 18 and we haven't started transition planning yet?

If you are age 16 or over, a CLBC facilitator can provide you with information about the next steps for your situation. The earlier you begin transition planning the better.

What is the CLBC Welcome Workshop series?

The Welcome Workshop series is where you learn about your options when planning for adult life. The Welcome Workshops also help you find opportunities and resources in the community, complete a Personal Summary, and learn about CLBC's services and how to apply for services.

If you are not able to attend the Welcome Workshops a CLBC facilitator can support and connect you to the same information.

To find out about the Welcome Workshop series contact your local CLBC office or visit the CLBC website under

How do I get support? > Attend the CLBC Welcome Workshop series.



What is a Personal Summary?

A Personal Summary is a document that tells others about your strengths, what is important to, and for, you in your life, what you need help with, and other information that can help people, including CLBC understand how to best support you.

There are different ways to get help to create a Personal Summary. One way is to attend the Welcome Workshop series. Another way is to get help from your CLBC facilitator once you are eligible for CLBC. A third way is to use the About Me online booklet on FindSupportBC.com. If you choose to use the booklet on the FindSupportBC website and need help, you can call the Family Support Institute at 1-800-441-5403.

What are CLBC funded services?

CLBC pays for different kinds of services to support eligible adults with developmental disabilities for their well-being, living in their home, living in community, finding a job, learning, and making friends. CLBC also pays for a range of wellness supports for families and other specialized supports.

What about other Transition Planning resources?

Services to Adults with Developmental Disabilities (STADD) offers Navigator services for youth aged 16 to 24 and their families in many communities across B.C. Navigators can help youth and their families plan for the future and transition to adulthood. They can help form a planning team and coordinate services from government and agencies. You can learn more at: 1-855-356-5609.

The Family Support Institute has an on-line transition timeline that can support you to know about the steps involved in transitioning from childhood to adult life. Find the timeline at: FindSupportBC.com/timeline. If you receive support from MCFD, a Child and Youth with Special Needs (CYSN) Social Worker can also assist with the transitioning to adult services and connecting you to CLBC.

What are the steps involved in the transition process with CLBC?

The transition process for CLBC has 3 steps:

Step 1 After your 16th birthday

- Begin the eligibility process to show you are eligible for CLBC adult services.
- Please see the Information for Families on Eligibility sheet.
- Register for a Welcome Workshop Series to learn about what's involved in planning for adult life, including connecting to community, adult rights, planning tools, completing a Personal Summary and information about CLBC's services and the process of applying for services.
- You can register for the Welcome Workshops before or after becoming eligible for CLBC services.

Step 2 After your 17th birthday

- Develop a Personal Summary to share information about your strengths, goals and support needs.
- Visit FindSupportBC.com
- Attend Welcome Workshop Series (if you haven't already, or attend again).

Step 3 After your 18th birthday

- Meet with your facilitator and share your Personal Summary. With your facilitator's support, decide if, how and with whom you would like to plan, how you would like to connect to community, and whether you want to request CLBC funded services. See Information for Families on Getting CLBC Services for more information.

CONTACTING CLBC

To find the contact information for your local CLBC office, please visit www.communitylivingbc.ca.

You can also contact CLBC toll free at 1-877-660-2522.

Eligibility

Community Living British Columbia (CLBC) provides supports and services to eligible adults and their families. CLBC has an eligibility policy to help people understand the eligibility criteria, and to help staff make consistent and equitable decisions. This information sheet answers some common questions about our eligibility policy.

Who is eligible for CLBC?

To receive CLBC services, your family member must be 19 years of age or older, but they may apply for eligibility after their 16th birthday. In addition, a person must meet all of the criteria for either a Developmental Disability **OR** the Personalized Supports Initiative.

How does CLBC confirm eligibility?

Your family member needs to have specific documents, such as professional assessments that show they meet CLBC eligibility criteria. CLBC accepts written assessments completed by certain approved professionals for each of the different assessments.

CLBC staff are responsible for confirming eligibility. They base their decision on the information provided in the written assessments and documents that you submit.

CLBC staff can provide you with details about the professionals who can complete specific assessments. They can also answer any questions you have about eligibility.



Criteria for Eligibility

Developmental Disability

An adult has:

- impaired intellectual functioning
- impaired adaptive functioning
- these impairments must have started before age 18

Personalized Supports Initiative

An adult who does not have a developmental disability but has:

- significant limitation in adaptive functioning,
AND EITHER
- a diagnosis of Fetal Alcohol Spectrum (FASD)
- OR**
- a diagnosis of an Autism Spectrum Disorder (ASD)

What documents are required for eligibility for a person with a developmental disability?

Your family member will need an assessment completed by an approved professional that clearly states they meet the “Diagnostic Criteria for Intellectual Disability” cited in the DSM-5.

The CLBC Eligibility Form is also needed.

What documents are required for eligibility for the Personalized Supports Initiative (PSI)?

Your family member will need:

- A CLBC Eligibility Form completed by an approved professional, and
- An Adaptive Functioning assessment report completed by an approved professional that says the person has significant limitations in adaptive functioning.

AND EITHER

- A.** An assessment document confirming the diagnosis of FASD completed by an approved professional, **OR**
- B.** An assessment document confirming the diagnosis of ASD completed by an approved professional.

How do I apply for CLBC eligibility for my child who is not an adult yet?

Individuals can begin the process of applying for CLBC eligibility as early as their 16th birthday. CLBC will review documents for youth after they are 16 years old. Starting this process early is important. If your child is accessing Ministry of Children and Family Development supports and services you may ask your MCFD worker for assistance with transition planning and with getting the required assessment documentation.

How long will it take to find out if my family member is eligible for CLBC adult services?

Sometimes not all required documents are submitted right away, or it is not clear from the assessment documents if a person is eligible for CLBC. It may take several weeks or even months to get all the required documents to CLBC so it is very important to begin the process early.

Once all the required documents have been submitted, CLBC staff will review the documents and let you know about eligibility or tell you if other information is needed.

How will I know the result of the eligibility decision?

Once the decision is made, you will get a letter from CLBC staff to tell you if your family member is eligible for CLBC adult services.

What happens after eligibility has been confirmed?

CLBC staff will contact you and your family member and talk to you about next steps, timelines and future possibilities.

Can I apply for CLBC from outside B.C.?

Yes, you must follow the same process and submit the same documents as anybody in B.C. While you can apply for CLBC support from outside B.C., you cannot receive CLBC funded services until you are a resident of B.C.

This is an information sheet only. Please refer to CLBC’s Eligibility Policy for specific details. This policy can be found at www.communitylivingbc.ca under About Us > Policies.

HOW TO APPLY TO CLBC

For youth who are already accessing Ministry of Children and Family Development (MCFD) supports, your first step is to contact your MCFD worker for assistance with transition to CLBC.

For adults, the first step is for you or your family member to contact CLBC. We can tell you about:

- the required documents
- the approved professionals who may complete the needed documents and assessments and make diagnoses.

For adults, start the application process by calling CLBC, toll free: 1 877-660-2522.