



Program Summary:

Professional Cook 1: Imagine High – Grade 12 (Full Year)

Transportation: Students are responsible for their own transportation to IHSS

Equipment, Textbooks & Other Fees: approx. \$850 for textbooks, supplies, uniform & knives *(subject to change)*

Certification Received: Professional Cook – Level 1

Youth TRAIN in Trades Program Objectives:

Skilled Trades BC Youth TRAIN in Trades is an industry certification program for BC secondary school students. The program enables students to earn both graduation credits and credit for the first level of technical training associated with a *Skilled Trades BC* program or apprenticeship. Through Practicum placements, students can also earn credit toward the on-the-job component of a *Skilled Trades BC* program. This is an opportunity for high school students to get a head start on earning their credentials in a trade recognized by *Skilled Trades BC*.



Prerequisites

- Must be a registered student in the Chilliwack School District
- Must be 15 years of age to begin and 19 years of age before program completion
- Completion of all Grade 11 courses
- Completion of English 12 & Indigenous Grad Requirement *(course may vary)*
- **Course Planning in advance is necessary to ensure course availability**

Modules Covered in the Professional Cook 1 Program:

(Each module contains several different topics)

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|--------------------------|----------------|-----------------------------------|
| • Occupational Skills | • Meats | • Eggs, Breakfast Cookery & Dairy |
| • Stocks, Soups & Sauces | • Poultry | • Baked Goods & Desserts |
| • Vegetables & Fruits | • Seafood | • Beverages |
| • Starches | • Garde Manger | • Customer Relations |

