

**BIG IDEAS:**

Confidence develops through the process of self discovery

Everything we learn helps us to develop skills.

Learning is a lifelong enterprise

**CURRICULAR COMPETENCIES:**

- Identify and appreciate their personal attributes, skills, interests and accomplishments.
- Recognize the importance of learning in their lives and future careers.
- Set and achieve realistic learning goals for themselves
- Demonstrate effective work habits and organizational skills appropriate to their level of development



**CONTENT:**

**Personal Development**

- Goal Setting Strategies
- Risk taking and its role in self exploration

**CORE COMPETENCIES:**

**C Communication**

- Connect and Engage Others
- Acquire, interpret and present information
- Collaborate
- Reflect on Experiences

**T Thinking**

- Ideas have novelty and values
- Generating ideas
- Developing ideas
- Analyze and critique
- Question and Investigate
- Develop and design

**PS Personal & Social**

- Relationships and Cultural Contexts
- Personal Values and Choices
- Personal Strengths and Abilities
- Self Determination
- Self Regulation
- Well Being
- Contributing to community
- Solve issues in peaceful ways
- Valuing diversity
- Building Relationships

**BIG IDEAS:**

Effective collaboration relies on clear, respectful communication

Strong communities are the result of being connected to family and community and working together towards common goals.

Communities include many different roles requiring many different skills

**CURRICULAR COMPETENCIES:**

- Recognize the importance of positive relationships in their lives
- Share ideas, information, personal feelings and knowledge with others
- Work respectfully and constructively with others to achieve common goals
- Identify and appreciate the roles and responsibilities of people in their school, families and communities.
- Recognize the basic skills required in a variety of jobs in the community.



**CONTENT:**

**Connections to Community**

- Cultural and Social awareness
- Roles and responsibilities at home, at school, and in the local community.
- Jobs in the local community

**CORE COMPETENCIES:**

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**BIG IDEAS:**

Public Identity is influenced by personal choices

Exploring our strengths and abilities can help us identify our goals.

Good learning and work habits contribute to short and long-term personal and career success.

**CURRICULAR COMPETENCIES:**

- Identify and appreciate their personal attributes, skills, interests and accomplishments and their growth over time. 
- Recognize the intersection of their personal and public digital identities and the potential for both positive and negative consequences. 
- Use innovative thinking when solving problems.
- Set realistic short and longer term learning goals, define a path and monitor progress.
- Make connections between effective work habits and success.
- Question self and others about the role of technology in the changing workplace.

**CONTENT:**

**Personal Development**

- Goal setting strategies
- Problem solving and decision making strategies
- Emergent leadership skills.

**CORE COMPETENCIES:**

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**BIG IDEAS:**

Leadership requires listening to and respecting the ideas of others.

Family and community relationships can be a source of support and guidance when solving problems and making decisions.

**CURRICULAR COMPETENCIES:**

- Recognize the need for others who can support their learning and personal growth. 
- Demonstrate respect for differences in the classroom. 
- Demonstrate safe behaviors in a variety of environments.
- Appreciate the influence of peer relationships, family and community on personal choices and goals. 

**CONTENT:**

**Connections to Community**

- Cultural and Social awareness
- Generational roles and responsibilities
- Safety hazards and rules at school, at home and in the community.

**CORE COMPETENCIES:**

**C Communication**

- Connect and Engage Others
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**T Thinking**

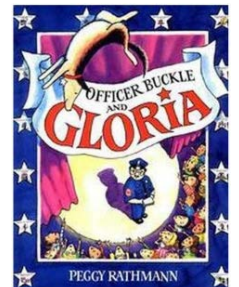
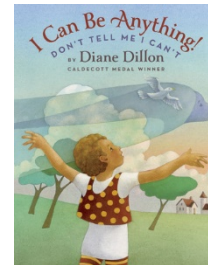
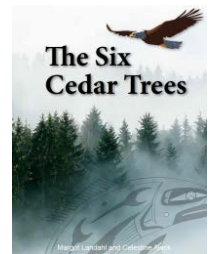
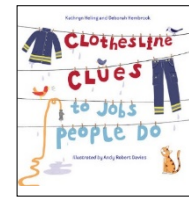
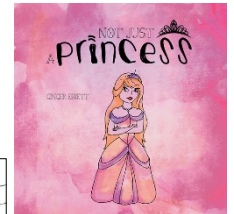
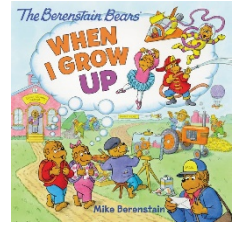
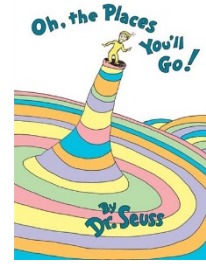
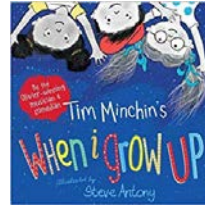
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**Picture Book Connections:**

- Oh, The places you will go - Dr. Seuss
- Who do I want to Become? - Rumeet Billan
- When I grow up - Tim Minchin's
- When I grow up (Berenstein Bears) - Mike Berenstain
- Not just a princess - Ginger Ebbett
- Clothesline clues to jobs people do - Kathryn Heling & Deborah Hembrook
- I can be anything ! Don't tell me I can't - Diane Dillon
- The six Cedar Trees - Margot Landahl & Celestine Aleck
- Officer Buckle and Gloria - Peggy Rathmann.



**Teacher Resources:**

- The Early Years - Career Development for young children  
A guide for Educators - Mildred Cahill & Edith Furey
- [ces.bc.ca/community\\_of\\_practice](http://ces.bc.ca/community_of_practice) - Career education Society of B.C.  
sharing site for educators.