

CAREER LIFE EDUCATION 10 DISTRICT SCOPE & SEQUENCE UNIT PLANNER




BIG IDEAS:

Finding balance between personal and work life promotes well-being

Cultivating networks and reciprocal relationships can support and broaden career –life awareness and options.

CURRICULAR COMPETENCIES:

- Examine the influences of personal & public profiles on career – life opportunities
- Develop preliminary profiles and flexible plans for career – life learning journeys
- Practice effective strategies for healthy school/work/life balance. 

CONTENT:

- Strategies for maintaining well being in personal and work life
- Preferred ways of knowing and learning
- Self- assessment and reflection strategies
- Ways to represent themselves both personally and publicly
- Factors that both inform career life choices and are influenced by them, including , personal, environmental, and land use factors.

CORE COMPETENCIES:

C Communication

- Connect and Engage Others
- Acquire, interpret and present information
- Collaborate
- Reflect on Experiences

T Thinking

- Ideas have novelty and values
- Generating ideas
- Developing ideas
- Analyze and critique
- Question and Investigate
- Develop and design

PS Personal & Social

- Relationships and Cultural Contexts
- Personal Values and Choices
- Personal Strengths and Abilities
- Self Determination
- Self Regulation
- Well Being
- Contributing to community
- Solve issues in peaceful ways
- Valuing diversity
- Building Relationships

BLUEPRINT LESSONS & ACTIVITIES:

Lessons & Activities can be found on the my Blueprint Website under Educator Resources.

- Knowledge Activity
- Interests Activity
- Personality Activity
- Goal Setting
- Overcoming Obstacles
- Time Management Strategies
- Mental Health Awareness Lesson
- What is Stress? Activity
- Self esteem & Inner Thoughts Activity
- Occupation & Values Activity
- Trades Exploration Activity

Students have the opportunity to reflect on each assignment throughout the online portfolio program.

RESOURCES:

- WorkBC: Blueprint Builder – online career planning tool
<https://www.workbc.ca/Jobs-Careers/Career-Toolkit.aspx>
- WorkBC: Career Compass – Explore your career direction – 3 online quizzes to find the career that fits you.
<https://www.workbc.ca/careercompass>
- WorkBC: Career Trek Videos – 113 short videos of Jobs in B.C., arranged alphabetically and cross referenced with necessary skills, geographic location, salary and required education.
<https://www.careertrekbc.ca/>
- Economics for Success – A junior achievement program that helps students discover which career path best suits their needs as well as how to get to where they want to be as adults. It is delivered by qualified business volunteers in full day, half day sessions or multiple visits to schools at no cost.
<https://jabc.ca/programs/efs/>
- Government of Canada job bank – A searchable database allowing for career exploration cross referenced by occupation, wages, outlook, field of study, skills and knowledge.
<https://www.jobbank.gc.ca/explorecareers.do>

CAPSTONE CONNECTIONS:

Students should continually save evidence of their learning to an electronic folder for building their capstone.

- Screenshots of external surveys
- Assessments and projects from other courses
- Photographs of activities that support their future plans.
- Certificates of achievement
- Extra-curricular activities

BIG IDEAS:

Career-life decisions are influenced by internal and external factors, including local and global trends.

Cultivating networks and reciprocal relationships can support and broaden career –life awareness and options.

CURRICULAR COMPETENCIES:

- Identify risks and appreciate benefits associated with personal and public digital footprints
- Consider the role of personal and employment networks in exploring career – life opportunities
- Apply a mentor’s guidance in career life exploration
- Communicate with the intent to highlight personal strengths, talents, accomplishments and abilities.



CONTENT:

- Mentorship opportunities
- Preferred ways of knowing and learning
- Competencies of the educated citizen, employability skills, essential skills, leadership and collaboration skills.
- Appropriate workplace behavior and workplace safety
- Personal networking and employment marketing strategies.
- Models of decision making and innovative thinking for flexible planning and goal setting.

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BLUEPRINT LESSONS & ACTIVITIES:

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- Employment Recruiter lesson
- Decision Making Process
- Decision Mountain Lesson
- Course Expectations letter writing
- Your social Media Profile
- Online Relationships/ Digital Citizenship
- Building a Cover Letter
- Resume building Activity
- Building a career portfolio

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RESOURCES:

- Essential Career Skills: The Government of Canada and other national and international agencies have identified and validated nine key essential career skills for the workplace. Videos exploring these skills can be found at: <https://skillscanada.bc.ca/resources/essential-skills/>
- Bring your “A” Game to work – A training package that focuses on developing the foundational soft skills. Curriculum guide and workbooks. <https://workethic.org/bring-your-a-game-to-work/>
- Be Entrepreneurial - A junior achievement program that helps students identify entrepreneurial concepts, including product, service, competitive advantage and target market. It is delivered by qualified business volunteers in 4 one-hour sessions to schools at no cost. <https://jabc.ca/programs/be/>

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BIG IDEAS:

Career life choices are made in a recurring cycle of planning, reflecting, adapting and deciding.

Cultivating networks and reciprocal relationships can support and broaden career –life awareness and options.

CURRICULAR COMPETENCIES:

- Collaborate with supportive community members to explore reciprocal influences of career life choices. 
- Identify career life challenges and opportunities, and generate and apply strategies.
- Explore and connect experiential learning both inside and outside of school with possible and preferred career life pathways. 

CONTENT:

- Appropriate workplace behavior and workplace safety
- Inclusive practices, including taking different worldviews and diverse perspectives into consideration.
- Ways to contribute to community and society that take cultural influences into consideration.
- Methods of organizing and maintaining authentic career life evidence.

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BLUEPRINT LESSONS & ACTIVITIES:

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- Interview Skills & Mock Interview
- Famous Person Interviews
- Roles in the Workplace
- Introduction to Ethics
- Conflict Resolution Strategies
- Careers Compatibility Activity
- Experiential Learning Activity

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RESOURCES:

- Future- proof: Preparing young Canadians for the future of work – Full Report
<http://brookfieldinstitute.ca/wp-content/uploads/2017/03/FINAL-FP-report-Onlinev3.pdf>
- Future- proof: Preparing young Canadians for the future of work – Executive Summary Graphic
<http://brookfieldinstitute.ca/wp-content/uploads/2017/03/Exec-Sum-FINAL-v2-2.pdf>
- It's for Real: Workplace Ethics – 64 lessons on honesty, reliability, professionalism and ethical behavior in the workplace.
http://www.careersolutionsgroup.com/IFRdemo/index.html?inf_contact_key=2b87c067a245aea1e50eda
- Worksafe BC: Provides students with information regarding Work place safety and how it relates to health and the protection of young workers.
www.worksafebcmedia.com/rights/course/course1386.html
- Career Zone: A series of booklets designed to assist students with career exploration and planning in ten key employment sectors in British Columbia.
<https://www2.gov.bc.ca/gov/content/education-training/administration/kindergarten-to-grade-12/career-and-skills-training/toolkit/create-a-strategy/career-exploration/career-zones>
- WorkBC: Blueprint Builder – Online career planning tool
<https://www.workbc.ca/Jobs-Careers/Career-Toolkit.aspx>
- Labour Market Review 2018 - Report

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- Journal Entries
- Assessments and projects from other courses
- Photographs of activities that support their future plans.
- Certificates of achievement
- Extra-curricular activities
- Report on Career Paths




BIG IDEAS:

Career life choices are made in a recurring cycle of planning, reflecting, adapting and deciding.

Career life decisions are influenced by internal and external factors, including local and global trends

Life long learning fosters career life opportunities

CURRICULAR COMPETENCIES:

- Demonstrate inclusive, respectful and safe interactions in diverse career life environments 
- Explore and reflect on career life roles, personal growth, and initial planning for preferred career life pathways. 
- Explore and connect experiential learning both inside and outside of school with possible and preferred career life pathways. 

CONTENT:

- Self assessment and reflection strategies.
- Appropriate workplace behavior and workplace safety.
- Value of volunteerism for self and community.
- Methods of organizing and maintaining authentic career life evidence.
- Financial planning tools, pre and post graduation opportunities, and local and global labour and market trends.

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- Budgets Activity
- Pathways to Careers Activity
- Transferrable Skills Activity
- Create a Portfolio
- Education Planner Culminating Activity

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<https://www.workbc.ca/Jobs-Careers/Career-Toolkit.aspx>
- Career Zone: A series of booklets designed to assist students with career exploration and planning in ten key employment sectors in British Columbia.
<https://www2.gov.bc.ca/gov/content/education-training/administration/kindergarten-to-grade-12/career-and-skills-training/toolkit/create-a-strategy/career-exploration/career-zones>
- WorkBC: Cost of Living Calculator – Online calculator tool to compare living expenses in different parts of B.C.
<http://costofliving.workbc.ca>
- Managing your money – Learn to fit your paycheck to your lifestyle and create a savings program.
<http://careersolutionsgroup.com/ManagingYourMoneyEd2/index.html>
- Dollars with Sense: A junior achievement program that provides students with personal money management skills and challenges them to apply these concepts in their own lives. This program is delivered by qualified business volunteers in four 1-hour sessions at no cost to schools
<http://jabc.ca/programs/dws/>
- The Real Game series – part of a suite of career and workforce development tools.
<http://www.realgame.ca/en/index.html>
- Power Play Money Managers Program – 5 lessons with activities and games about personal finances. Download the teacher's manual with lesson plans at www.schoolroom.ca

CAPSTONE CONNECTIONS:

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- High School Plan
- Financial literacy assessments
- Photographs /Videos of activities that support their future plans.
- Certificates of achievement
- Extra-curricular activities /Community involvement