

# CAREER LIFE CONNECTIONS 12 DISTRICT SCOPE & SEQUENCE UNIT PLANNER






**BIG IDEAS:**

A sense of purpose and career life balance, support well-being

Engaging in networks and reciprocal relationships can guide and broaden career life awareness and options.

**CURRICULAR COMPETENCIES:**

- Recognize personal world views and perspectives, and consider their influence on values, actions, and preferred futures.
- Assess personal transferrable skills, and identify strengths and those skills that require further refinement. 
- Explore and evaluate personal strategies, including social, physical, and financial, to maintain well –being. 
- Create and critique personal and public profiles for self-advocacy and marketing purposes. 

**CONTENT:**

- Self advocacy strategies.
- Factors that shape personal identity and inform career life choices
- Strategies for personal well being and work life balance.
- Reflection strategies
- Ways to represent themselves, including consideration of personal and public profiles, digital literacy and citizenship.
- Self assessment to achieve goals that advance preferred career life futures.

**CORE COMPETENCIES:**

**C Communication**

- Connect and Engage Others
- Acquire, interpret and present information
- Collaborate
- Reflect on Experiences

**T Thinking**

- Ideas have novelty and values
- Generating ideas
- Developing ideas
- Analyze and critique
- Question and Investigate
- Develop and design

**PS Personal & Social**

- Relationships and Cultural Contexts
- Personal Values and Choices
- Personal Strengths and Abilities
- Self Determination
- Self Regulation
- Well Being
- Contributing to community
- Solve issues in peaceful ways
- Valuing diversity
- Building Relationships

**BLUEPRINT LESSONS & ACTIVITIES:**

**More Resources & updated My Blueprint activities will come once available.**

Lessons & Activities can be found on the my Blueprint Website under Educator Resources.

- Knowledge Activity
- Interests Activity
- Personality Activity
- Goal Setting
- Overcoming Obstacles
- Time Management Strategies
- Mental Health Awareness Lesson
- What is Stress? Activity
- Self esteem & Inner Thoughts Activity
- Occupation & Values Activity
- Trades Exploration Activity

\*Students have the opportunity to reflect on each assignment throughout the online portfolio program.\*

**RESOURCES:**

- WorkBC: Blueprint Builder – online career planning tool  
<https://www.workbc.ca/Jobs-Careers/Career-Toolkit.aspx>
- WorkBC: Career Compass – Explore your career direction – 3 online quizzes to find the career that fits you.  
<https://www.workbc.ca/careercompass>
- WorkBC: Career Trek Videos – 113 short videos of Jobs in B.C., arranged alphabetically and cross referenced with necessary skills, geographic location, salary and required education.  
<https://www.careertrekbc.ca/>
- Economics for Success – A junior achievement program that helps students discover which career path best suits their needs as well as how to get to where they want to be as adults. It is delivered by qualified business volunteers in full day, half day sessions or multiple visits to schools at no cost.  
<https://jabc.ca/programs/efs/>
- Government of Canada job bank – A searchable database allowing for career exploration cross referenced by occupation, wages, outlook, field of study, skills and knowledge.  
<https://www.jobbank.gc.ca/explorecareers.do>

**CAPSTONE CONNECTIONS:**

Students should continually save evidence of their learning to an electronic folder for building their capstone.




- Screenshots of external surveys
- Assessments and projects from other courses
- Photographs of activities that support their future plans.
- Certificates of achievement
- Extra-curricular activities

**BIG IDEAS:**

Career –life decisions influence and are influenced by internal and external factors, including local and global trends.

Engaging in networks and reciprocal relationships can guide and broaden career life awareness and options.

**CURRICULAR COMPETENCIES:**

- Analyze internal and external factors to inform personal career life choices for post graduation planning.
- Collaborate with a mentor to inform career life development and exploration. 
- Engage with personal, education, and employment networks to cultivate post graduation resources and social capital. 
- Demonstrate and reflect on inclusive, respectful, and safe interactions in multiple career life contexts. 

**CONTENT:**

- Mentorship opportunities
- Competencies of an educated citizen
- Employment marketing strategies
- Rights and regulations in the workplace including safety.
- Social capital and transferrable skills, including intercultural, leadership, and collaboration skills.
- Career life exploration.
  - Substantive experiential learning of 30 hours or more.

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Lessons & Activities can be found on the my Blueprint Website under Educator Resources.

- Employment Recruiter lesson
- Decision Making Process
- Decision Mountain Lesson
- Course Expectations letter writing
- Your social Media Profile
- Online Relationships/ Digital Citizenship
- Building a Cover Letter
- Resume building Activity
- Building a career portfolio

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## RESOURCES:

- Essential Career Skills: The Government of Canada and other national and international agencies have identified and validated nine key essential career skills for the workplace. Videos exploring these skills can be found at: <https://skillscanada.bc.ca/resources/essential-skills/>
- Bring your “A” Game to work – A training package that focuses on developing the foundational soft skills. Curriculum guide and workbooks. <https://workethic.org/bring-your-a-game-to-work/>
- Be Entrepreneurial - A junior achievement program that helps students identify entrepreneurial concepts, including product, service, competitive advantage and target market. It is delivered by qualified business volunteers in 4 one-hour sessions to schools at no cost. <https://jabc.ca/programs/be/>

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**BIG IDEAS:**

Career life development includes ongoing cycles of exploring, planning, reflecting, adapting and deciding.

Lifelong learning and active citizenship foster career life opportunities for people and communities.

**CURRICULAR COMPETENCIES:**

- Explore possibilities for preferred personal and education/employment futures, using creative and innovative thinking.
- Identify and apply preferred approaches to learning for ongoing career life development and self advocacy 
- Engage in, reflect on, and evaluate career life exploration.
- Reflect on experiences in school and out of school, assess development in the Core Competencies and share highlights of their learning journey. 
- Design, assemble, and present a capstone.

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- Interview Skills & Mock Interview
- Famous Person Interviews
- Roles in the Workplace
- Introduction to Ethics
- Conflict Resolution Strategies
- Careers Compatibility Activity
- Experiential Learning Activity

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**RESOURCES:**

- Future- proof: Preparing young Canadians for the future of work – Full Report  
<http://brookfieldinstitute.ca/wp-content/uploads/2017/03/FINAL-FP-report-Onlinev3.pdf>
- Future- proof: Preparing young Canadians for the future of work – Executive Summary Graphic  
<http://brookfieldinstitute.ca/wp-content/uploads/2017/03/Exec-Sum-FINAL-v2-2.pdf>
- It's for Real: Workplace Ethics – 64 lessons on honesty, reliability, professionalism and ethical behavior in the workplace.  
[http://www.careersolutionsgroup.com/IFRdemo/index.html?inf\\_contact\\_key=2b87c067a245aea1e50eda](http://www.careersolutionsgroup.com/IFRdemo/index.html?inf_contact_key=2b87c067a245aea1e50eda)
- Worksafe BC: Provides students with information regarding Work place safety and how it relates to health and the protection of young workers.  
[www.worksafebcmedia.com/rights/course/course1386.html](http://www.worksafebcmedia.com/rights/course/course1386.html)
- Career Zone: A series of booklets designed to assist students with career exploration and planning in ten key employment sectors in British Columbia.  
<https://www2.gov.bc.ca/gov/content/education-training/administration/childcare-to-grade-12/career-and-skills-training/toolkit/create-a-strategy/career-exploration/career-zones>
- WorkBC: Blueprint Builder – Online career planning tool  
<https://www.workbc.ca/Jobs-Careers/Career-Toolkit.aspx>
- Labour Market Review 2018 - Report

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- Journal Entries
- Assessments and projects from other courses
- Photographs of activities that support their future plans.
- Certificates of achievement
- Extra-curricular activities
- Report on Career Paths